

Maine DHHS & Guidehouse

Rate Reform Studies of Long-Term Care Services Under MaineCare

Workgroup Meeting #1

February 1, 2023



Recording

This public listening session is being recorded. The recording will be made publicly available after the end of the session.

Agenda



- Introductions
- Objective of Engagement and Study Objectives
- National Long-Term Care Program Scan
- Maine Long-Term Services and Supports Mapping and Needs Assessment
- Engagement Timeline
- Questions and Comments

Workgroup Introductions

Rate Methodology DHHS Team Members

DHHS

- Office of MaineCare Services – Michelle Probert, Director
 - David Jorgenson, Director of Data Analytics and Rate Setting
 - Peter Kraut, Rate Reform Manager
 - Bryan Lumbr, Rate Reform Analyst
 - Grace Williams, Financial Analyst
 - Dwayne Parsons, Financial Analyst
 - Jenny Patterson, Director of Policy
 - Kristin Merrill, State Plan Amendment Manager
 - Tom Leet, LTSS Manager
 - Heather Bingelis, Policy Writer
- Office of Aging and Disability Services – Paul Saucier, Director
 - Karen Mason, Associate Director
 - Nicole Rooney, LTSS Manager
 - Lauren Michalakes, Program Consultant

Rate Methodology Guidehouse Team Members

Guidehouse

- Tamyra Porter, Engagement Oversight
- David Garbarino, Project Director
- Justyn Rutter, Project Manager
- Josh Mihm, Rate Segment Lead
- Linda Wegerson, Stakeholder Lead
- Sean Clare, Rate Development Analysis
- Sharon Fisher, SME
- Chelsea Mahoney, SME
- Christopher Mehmed, SME
- Karen O'Driscoll, SME
- Rob Rosen, SME
- Susan Tirhi, MSE

Objective of Engagement and Study Objectives

Objective of the Engagement

- The Department has engaged Guidehouse to help it reevaluate its policy, reimbursement model, and rate methodologies for Nursing Facilities (NFs) and Residential Care Facilities (RCFs).
- The Department plans to transition from the current cost settlement methodology to one based fully, or in part, on prospective payments effective January 1, 2025.
- Ensuring reimbursement is consistent with efficiency, economy, equity, and quality of care and sufficient to ensure member-access to services delivered by these facilities.
- Dedicated to promoting health, safety, and opportunity to all Maine residents in need of LTSS.

Considering NFs/RCFs Needs: Key Statistics

- Target Population¹:
 - Persons 65 years and over: 1-in-5 Maine residents (21.2%)
 - 2030 estimated persons 65 and over: 1-in-3 Maine residents (31%+)
 - Persons with a disability, under 65: 1-in-10 Maine residents (11.5%)
- Nursing Facility Beds (October 2022)²: 6,434 with occupancy rate of 79%
 - Occupied Beds: MaineCare 62%, Medicare 10%, Other 28%
 - Occupied Beds: 88% are individuals 65 and Over
- Residential Care Facility (Level IV PNMI) Beds January 2023³: 4,419 with
- occupancy rate of 85%
 - Occupied Beds: MaineCare 73%, Other 27%
 - Occupied Beds: 91% are individuals 65 and Over

1. <https://www.census.gov/quickfacts/ME>

2. MDM-NF13: Occupancy and Distribution of Assessments by Sources of Payment Based on MDS 3.0 Submissions Roster Date 10/15/2022

3. DHHS Occupancy and Distribution of Assessments by Source of Payment Roster Date 1/1/2023.

Study Objectives

Rate System Reform:

Conduct research on the landscape of long-term care delivery system models for NFs and RCFs and determine if DHHS able to achieve these models under CMS authority.

Engage in a broad and comprehensive stakeholder engagement processes to assess potential Long-Term Care (LTC) reimbursement and delivery system models.

Conduct a comprehensive utilization analysis of the full scope of LTC Medicaid reimbursable services in LTC settings.

Prioritize performance measures that promote quality service provision, resident health outcomes, equity, and/or experience of care.

Development of an Alternative Payment Model (APM) moving from a cost settlement methodology to reimbursement based fully or in part on prospective payments.

Mapping and Needs Assessment:

Conduct national environmental scan to assess how states measure, track, and report on the continuum of Long-Term Services and Supports (LTSS) need and capacity and provide a report on findings and recommendations.

Map current and future LTSS needs and capacity by county in Maine.

Study Process

The study aims to:

Accurately establish the cost of NFs/RCFs services in Maine to determine pathway for moving cost settlement methodology to reimbursement based fully or in part on prospective payments.

Align payment to performance on specified measures to promote quality service provision, resident health outcomes, equity, and/or experience of care.

Explore opportunities to make NFs/RCFs services financially sustainable and to improve the program and explore Value Base Payments (VBP) opportunities.

Your input will inform our ability to:

Map current and future NFs/RCFs as well as home-based LTSS needs in Maine.

Understand how different payment models may affect providers and residents.

Understand programmatic, reimbursement, performance, and fiscal goals for long-term care services.

Provide feedback that matters to the general public.

Refine recommendations to improve the NFs/RCFs and the continuum of LTSS across the state.

National Long-Term Care Program Scan

National Environmental Scan

Guidehouse will conduct a national search to identify states that have implemented innovative programs in the LTSS space. Factors that will be considered when selecting state programs for comparison will include:

- ✓ **Population / Enrollment size** – It would be appropriate to capture at least 1-2 options that mirror Maine's program scale, it may also be advantageous to compare to a larger state for diversity in perspective (e.g., Florida).
- ✓ **Like-Region** – If providers are serving other New England states or networking with alternate provider networks, it will be ideal to include neighbor states.
- ✓ **Funding Mechanism** – Factors such as payer funded, state allocated funds, provider surcharge /tax, federal matching funds.
- ✓ **Service Model** – Consider how the service model accounts for things like quality, equity, assessing performance, and how it links performance to payment.
- ✓ **LTSS-Leading states** – The team suggests including at least one state recognized as having a strong and innovative LTSS continuum, Washington state would be a suggested option.

Maine Long-Term Services and Supports Mapping and Needs Assessment

Maine LTSS Mapping and Needs Assessment

- ✓ **County Capacity Analysis** – Map current and future LTSS needs and capacity by county in Maine.
- ✓ **Utilization Analysis** – Conduct a utilization analysis of the full scope of Medicaid reimbursable services provided in LTSS settings.
- ✓ **LTSS Provider Network Analysis** – Deploy a web-based provider survey, in addition to our data analysis, to assess the provider network's current capacity to provide LTSS and projected ability to provide services as the population requiring LTSS continues to grow.
- ✓ **LTSS Gaps Assessment** – Include an evaluation of gaps in service delivery in the LTSS needs and capacity assessment to address trends in high-cost chronic needs and to confirm whether adequate access is available to all Maine residents in the most cost-effective manner.
- ✓ **Quality Performance Measures** – Evaluate quality at the State, County, and service level.

Discussion Points

As we consider alternate state procedures and policies:

- Are there policy objectives or current considerations you wish to share with the study team?
- What program design / operation components do you think are most valuable to study?
- Are there gaps in existing program design / regulations to highlight for the study team?



Engagement Timeline

Project Timeline Summary: Project Phase A – Rate System Reform

Activity	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23
Phase A Rate System Reform												
Phase A.1. Stakeholder Engagement												
Phase A.2. National Scan												
Phase A.3. Utilization Analysis												
Phase A.4. Develop APM and Present to Public												
Phase A.5. Calculate New Rates												
Phase A.6. Assist is SPA Development and CMS Compliance												

Project Timeline Summary: Project Phase B – Mapping and Needs Assessment

Activity	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23
Phase B Mapping and Needs Assessment												
Phase B.1. National Environmental Scan												
Phase B.2. Maine Current and Future LTSS Needs												
Phase B.3. Prepare Analysis and Report of Needs Assessment												
Phase B.4. Stakeholder Meetings												
Phase B.5. Provide Ongoing Department Support												

Questions and Comments

Contact

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